



Another fantastic week in school, it will soon be Christmas at this rate!

Upcoming events:

Open Day – please don't forget we have our annual open day and evening on Monday 9th October 9.30-11am and 4-6.45pm please share with friends and family that would be interested to come along.

Parent's evening - Wednesday 18th & Thursday 19th October.

Your session must be booked via the school website. You will need your parent login to access this area of the website. Please contact the school office via email to admin@mickletrafford.cheshire.sch.uk if you are unable to login. We suggest you try logging in before the bookings go live to make sure you have access beforehand. Appointments will be live on Friday 13th October 2023.

Rags 2 Riches collection – Our collection date is 10th October 2023. Please bring donations to school on Monday 9th October or the morning of 10th October. We do not have the storage space for bags any earlier than this.

Don't forget to check our calendar on our website or look at dates for the diary list (this is also on our website under Newsletters 2023/24).



Smile please! Friday 20th October Individual school photos

School uniform

As the weather becomes more unsettled could you please ensure your child brings a coat to school, we venture out at playtimes for some fresh air and exercise. Can I also remind you that all shoulder length hair should be tied back using a blue or black bobble. Children should not be wearing nail varnish and the only jewellery acceptable are small stud earrings.



World Mental Health Day is on Tuesday 10th October.

At MTVS we recognise that mental health and wellbeing is of paramount importance for our children to truly thrive. This is reflected in our whole school approach to mental health and wellbeing and detailed in our Mental Health and Wellbeing Policy (which can be found in the Mental Health and Wellbeing section of our website). This ethos and all that we do to boost mental health and wellbeing so far, and what more we can do in the future, will feed into class discussions during next week. The children will also be given a brief introduction to My Happy Mind, which will launch across the school after half-term.

My Happy Mind is a superb, NHS backed, programme that helps boost children's understanding of how their brain works and how they can strengthen and protect their mental health, resilience, and wellbeing. It will complement, and run in addition to, Jigsaw and Zones of Regulation sessions. We will provide you with more information on this, including access to the My Happy Mind app, when we launch. Furthermore, an online presentation to provide additional information on how we utilise the Zones of Regulation is also being prepared and will be sent out to all parents and carers in due course.

Finally, I'd like to take this opportunity to flag two more wellbeing initiatives that we are all very proud of as a school. Following our work across the last academic year, which continues to flourish across the school, we have been awarded a Trauma and Attachment Friendly School award from Virtual Schools. Additionally, as of yesterday evening, 22 members of our staff body have been awarded the qualification of Youth Mental Health First Aider (delivered and certified by Mental Health First Aid England).



Christmas Card Competition

Something to keep you busy over the half term

Police and Crime Commissioner John Dwyer has launched a competition asking local primary school children to design a festive image for him to use on his Christmas cards.

Children up the age of 11 can submit an original design for the Commissioner to consider. Entries can be submitted as a drawing, painting, or photograph; they must be Christmas themed, of A5 size (portrait or landscape orientation) and can be in colour or black and white

The competition is free to enter, with the winners receiving a prize

Police and Crime Commissioner for Cheshire, John Dwyer said:

"I know it's only the end of September and some people will feel it's a little early to be talking about Christmas, but it'll soon be here before we know it."

"I ran a similar competition in 2021 and was hugely impressed with the imaginative ideas the children came up with. I'm looking forward to seeing the creativity harnessed in the designs for this year."

"Sending a Christmas card that features a design from a local youngster is a lovely way to spread festive cheer to people, and I'm looking forward to sprinkling a little bit of Christmas magic here in Cheshire this year."

How to send in your designs

All entrants should include their name, age, contact number (of a parent/guardian or school) and include the name and address of their school on the reverse of their design. Please do not include this as part of the design itself.

Please send in your designs via post to:


FAO Jen Seed, Office of the Police and Crime Commissioner, Clemonds Hey,
Oakmere Road, Winsford, Cheshire, CW7 2UA

Or via email: pcc@cheshire.police.uk with the subject 'Christmas Card Competition'.

Designs need to be received by Sunday 5 November 2023.

Swimming

Please see below for details of an Autumn Intensive Swim Course.



The Chester City Baths
Autumn Intensive Swim Course

Venue: Chester City Baths

Course Dates:
Monday 23rd – Friday 27th October

Times:
09:15 – 09:45
09:45 – 10:15
10:15 – 10:45

Cost: £37.50

Children aged 4.5 years+ can attend.


There will be **beginners** and ***improvers** classes (*subject to an assessment*).

***Improvers** Classes - Please do not book your child onto the improvers class, unless they can do the following:

- Swim in deep water where they cannot stand up.
- Swim 25m on their front and back (without aids).

How to Book:

Email: chester.swimming.association@hotmail.com
or
Telephone: 01244 320898



Have a lovely weekend

Wendy Lyon