

May 2024



ChAPS Newsletter

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ChAPS Fundraising Challenge

Thank you to everyone who participated in our ChAPS Fundraising Challenge. We had such fun at our bingo, craft evening and easter egg hunt!

So far, we have managed to raise an amazing £3225.50

Thank you to:

- Winnington Park Primary School
- Issy E
- Chloe and the Louise Carter School of Dance
- Jo and Cerys O
- Sir John Deane's Sixth Form College
- Linda A
- Megan G
- And our wonderful members who participated in our Craft evening, Easter Bingo, Easter egg hunt, Guess the eggs in the jar, football card and Handbag sale fundraisers.

Our Go Fund Me Page is still live if you can give a donation, please click here: <https://gofund.me/d1fc8c9a>

We can't wait to share with you our plans for the money raised soon!



STEM Activities

ChAPS gratefully received a grant from Tata Chemical Europe's Community Funds to deliver STEM activities across Cheshire West for our members. We are extremely excited to share with you our plans for the activities. Our first activity will be Epublio during the May Half Term holidays.

As part of the funding, we are also launching our STEM Monthly challenges. This month's challenge is to build the tallest tower using stacking cups or building blocks. Make sure to take a photo of your creations and either share them in our facebook group or email them to info@cheshireautism.org.uk. The top 5 towers will be showcased in our June Newsletter.



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ChAPS Newsletter

May Half Term at Cheshire Autism Practical Support

Cheshire Forest School

Tuesday 28th May

Arrive by 9.45am. Finish at 11.30am

Ages 0-11

Come and play at Cheshire Forest School - there are plenty of activities for the children to enjoy, including a mud kitchen, Zip wire, hammocks, and more! The session will also include bushcraft woodwork activities and finish with hot chocolate and marshmallows! For more information about Cheshire Forest School, please visit their website, [Home | Cheshire Forest Sch \(cheshireforestschool.co.uk\)](http://Home | Cheshire Forest Sch (cheshireforestschool.co.uk)) or watch this video <https://youtu.be/1oajlojLadw>

Teen Event: Mini Golf at Hartford Golf

Club

Wednesday 29th May

5.30-7pm

Ages 13-18

Our Teen Event at Mad Hatter's Adventure Golf. Enter the magical world of Alice in Wonderland with this 18-hole mini golf course.

Parents are not expected to stay during the mini golf, however, please leave contact details to be contactable if needed. Any parents who are staying during the session, will need to pay a small charge of £3.

Tubing at Runcorn Ski

Thursday 30th May

11am-12pm

Ages 6-18

One of ChAPS favourites ... Tubing at Runcorn Ski! The session is outdoors and requires physical activity. Legs must be covered and full covering footwear to be worn. This session is suitable for children aged 6yrs+. Any children younger can only take part if going down the slope in a double ring with an adult. Parents/carers will be expected to supervise their children and ensure they are taking part safely and listening to all instructions.

eBublio Magical Bubbles

Friday 31st May

11-12pm & 12.30-1.30pm

Ages 4-12

An outdoor giant bubble session, with eBublio Magical Bubbles.

The children will take part in creating different shapes and sizes with bubbles. The group will also be involved in being covered by a giant bubble.

If you would like to know more about eBublio Magical Bubbles, please visit their website... <https://ebublio.co.uk>

Please only register the children attending. Parents must stay for this session to supervise their children.

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ChAPS Newsletter

Outside ChAPS

This part of the newsletter focusses on services external to ChAPS that we feel may be of interest to you.

Petty Pool College Open Day

OPEN DAY
prospective learners
for 2025
admission
27th February
10am to 12noon
&
9th May
4.30pm to 6.30pm

Please book your place via the link or by scanning the QR code
<https://forms.office.com/e/citZGRacmB>

Pool Lane, Chester Road,
Sandiway, Northwich
CW8 2DR

01606 889097
www.pettypool.org.uk

#ProudToBePettyPool

Adam wins Winsford Volunteer of the Year

On Saturday 13th April 2024, ChAPS Member Adam won the Winsford Volunteer of the Year award at the very special 'Oskars Award Evening'. The Award Evening was hosted at Meadow Bank Social Club by The Town Mayor of Winsford, Councillor Ernie Welch.

Congratulations to Adam on winning the award. Everyone at ChAPS is extremely proud of your work.

Thank you very much to Adam's dad Craig for sharing this amazing news and photos.



Northwich Prince's Trust



Recruitment for the next Prince's Trust team, which is based in Northwich, will start on Tuesday 28th May 2024. If you are a young person aged between 16-25, live in either Winsford, Northwich or Middlewich areas, and feel that you may benefit from taking part in the programme, then please get in touch with jennie.pye@cheshirefire.gov.uk

The Prince's Trust Programme is designed to improve confidence, self-esteem and self-development, which couldn't be more important at this time. Experience shows that **80%** of all graduates from the programme have gone on to achieve things as a result, this includes getting back into or going forward into education or gaining employment and training.

The course is **full time & 12 weeks** long, the team will take part in a number of activities to graduate from the programme. These include:

- Interview & application skills
- Individual Work placements
- Raising money to complete a community project & Final Team challenge
- Food Hygiene and First Aid awareness courses
- Health and safety and driving awareness training
- Team Challenges

Cheshire Fire and Rescue Service have a long, strong and proud partnership with The Prince's Trust for 25 years and continue to see the benefits that arise from the work it does. The programme aims to move young people into full time employment, job-related training or to college to further their education.

For more information, please contact them directly at jennie.pye@cheshirefire.gov.uk

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Activity Links



Activities for Autistic Children

These activities are for autistic children only

(Activities listed in alphabetical order by location/town)

BRIDGE TRAFFORD:

Animal Therapy (4-18 years old)

- Sunday 19th May, 12.30-4.30pm at Freedom Equine, CH2 4JT

Home Education Animal Therapy (4-18 years old)

- Wednesday 1st May, 10.30-11.15am at Freedom Equine, CH2 4JT

CHESTER:

Kids Club (7-11 years old)

- Monday 13th May, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

Youth Club (11-17 years old)

- Monday 20th May, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

ELLESMERE PORT:

Kids Club (7-11 years old)

- Tuesday 7th May, 6-7.30pm at Theatre Porto, CH65 6QY
- Tuesday 21st May, 6-7.30pm at Theatre Porto, CH65 6QY

Youth Club (10-17 years old)

- Thursday 9th May, 6-7.30pm at Theatre Porto, CH65 6QY
- Thursday 23rd May, 6-7.30pm at Theatre Porto, CH65 6QY

NORTHWICH:

Kids Club (7-11 years old)

- Monday 20th May, 5-6.30pm at ChAPS Autism Ark, CW8 1BE

Youth Club (11-17 years old)

- Monday 13th May, 5-6.30pm at ChAPS Autism Ark, CW8 1BE

WARRINGTON:

Climbing Club (7-17 years old)

- Wednesday 8th May, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE
- Wednesday 22nd May, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE

WIDNES:

Anti-Gravity Yoga (6-18 years old)

- Sunday 12th May, 12.30-1.15pm or 1.30-2.15pm at Martial Arts Centre, WA8 0GZ

Activities for Families

These activities are for the whole family, including siblings.

CHESTER:

eBiblio Magical Bubbles

- Friday 31st May, 11am-12pm & 12.30-1.30pm at Queens Park High School, CH4 7AE

ELLESMERE PORT:

Multi Sports

- Saturday 11th May, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB
- Saturday 25th May, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB

Swim Session

- Saturday 11th May, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB
- Saturday 25th May, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB

NORTHWICH:

Cheshire Forest School (Under 11 years old)

- Tuesday 28th May, 9.45-11.30am at Cheshire Forest School, Marton, CW8 2DD

Swim Session—*booking open from Tuesday 23rd April*

- Saturday 4th May, 4.30-5.30pm at Memorial Court Northwich, CW9 5QJ

Teen Event: Mini Golf at Hartford Golf Club

- Wednesday 29th May, 5.30-7pm at Hartford Golf Club, Hartford, CW8 3AP

RUNCORN:

Swim Session

- Saturday 18th May, 4.45-5.45pm at Beechwood Community Centre, WA7 2PZ

Tubing at Runcorn Ski

- Thursday 30th May, 11am-12pm at Runcorn Ski Centre, WA7 6PT

WINSFORD:

Urban Air Trampoline Park

- Wednesday 22nd May at Urban Air Trampoline Park, CW7 3RL
 - 5-6pm (under 10 years old)
 - 6-7pm (11-18 years old)

Activities for Parents/Carers

(Activities listed in alphabetical order by location/town)

CHESTER:

My Time

- Saturday 11th May, 10am-12.30pm at St Mary's Handbridge Centre, CH4 7HL

Parents' Meet

- Wednesday 22nd May, 9.30-11am at St Mary's Handbridge Centre, CH4 7HL

Yoga with Laura

- Monday 13th May, 1.15-2.15pm at St Mary's Handbridge Centre, CH4 7HL

ELLESMERE PORT:

Parents' Meet

- Thursday 9th May, 7.45-9pm at Theatre Porto, CH65 6QY

KNUTSFORD:

Parents' of Adults Meet

- Friday 24th May, 11am-1pm, at Kilton Inn, WA16 0PZ

NORTHWICH:

Crafty Club

- Friday 3rd May, 10-11.30am at ChAPS Autism Ark, CW8 1BE—*booking open from Tuesday 23rd April*
- Monday 13th May, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

My Time

- Saturday 18th May, 10am-12.30pm at ChAPS Autism Ark, CW8 1BE

Parents' Meet

- Tuesday 28th May, 7.30-8.45pm at ChAPS Autism Ark, CW8 1BE

Parents' and Adults' Walk at Delamere Forest

- Friday 10th May, 11.45am-1pm at Delamere Forest, CW8 2HZ

Yoga for Adults

- Friday 24th May, 1.45-2.45pm at ChAPS Autism Ark, CW8 1BE

Activities for Autistic Adults

(Activities listed in alphabetical order by location/town)

NORTHWICH:

Crafty Club

- Friday 3rd May, 10-11.30am at ChAPS Autism Ark, CW8 1BE—*booking open from Tuesday 23rd April*
- Monday 13th May, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

Parents' and Adults' Walk at Delamere Forest

- Friday 10th May, 11.45am-1pm at Delamere Forest, CW8 2HZ

Spectrum Connect Northwich

- Monday 20th May, 7-8.30pm at ChAPS Autism Ark, CW8 1BE

Yoga for Adults

- Friday 24th May, 1.45-2.45pm at ChAPS Autism Ark, CW8 1BE

RUNCORN:

Adults' Meet Runcorn

- Wednesday 1st May, 12-1.30pm at Old Police Station, WA7 1DF
- Wednesday 15th May, 12-1.30pm at Old Police Station, WA7 1DF
- Wednesday 29th May, 12-1.30pm at Old Police Station, WA7 1DF

WARRINGTON:

Adults' Meet Warrington

- Wednesday 8th May, 12-1.30pm at Saint Paul's Church, WA5 2RX
- Wednesday 22nd May, 12-1.30pm at Saint Paul's Church, WA5 2RX

WINSFORD:

Spectrum Connect Winsford

- Monday 13th May, 7.30-9pm at Winsford Youth and Community Forum, CW7 2HG

ONLINE SESSIONS:

Adult Mental Health Support Group

- Wednesday 1st May, 5.45-6.45pm
- Wednesday 8th May, 5.45-6.45pm
- Friday 17th May, 5.45-6.45pm
- Wednesday 22nd May, 5.45-6.45pm
- Wednesday 29th May, 5.45-6.45pm

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Need More Help?



To make initial contact with staff, please use info@cheshireautism.org.uk and your email will be forwarded to the relevant person.

Ruth/ Jo - Admin Staff

For Attention Cards, Gift Aid, Child Registration Forms and everything else admin

T: 03448508607



Lisa- Admin Staff, Café & Support Worker

For Advice, Signposting and Support, Café and everything else admin

T: 03448508607



Caron - Support Worker

For Advice, Signposting & Support

Chloe - Activities and Fundraising Coordinator

For Activities, Room Bookings at The Ark and Fundraising

T: 07491 001360



Carey - Families Manager

For Counselling, Learning4Life, Swimming, Intensive Group Sessions & Support

T: 07462 887815



Please note we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from ChAPS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter. Professional colleagues who wish to **opt out** from receiving this Newsletter should reply to this email with unsubscribe as the message subject.