June 2025



ChAPS Newsletter

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ChAPS Update

We having been having issues with our phonelines and WI-FI during May. We are extremely sorry for any issues you have had in trying to contact us, and are working hard to resolve the issues. If you do need to contact us, please email info@cheshireautism.org.uk and a member of the team will be in touch.

We'll let you know as soon as we're back up and running! Thank you!

Circus Starr Circus Starr

We are pleased to announce that we have been given 10 tickets for Circus Starr's performance at Nantwich Civic Hall.

The show is on Monday 2nd June at 7pm. We have 10 tickets available so spaces are limited. The full address is Nantwich Civic Hall, Market Street, Nantwich, CW5 5DG. Doors open 30 minutes before the show. The show lasts for approximately 1 hour and 30 minutes, including a 15 minute interval. The show will be signed in BSL.

Children under three do not need a ticket if they sit on a parent's lap, otherwise everyone attending needs a ticket. Wheelchair users must reserve a wheelchair space as soon as possible.

Catalyst Tickets



ChAPS have renewed the annual passes at the Catalyst museum in Widnes to allow 5 families each month to attend until December 2025. The Catalyst museum hosts interactive exhibits, re-constructed scenes, and science shows to help stimulate the senses bringing a range of subjects to life from Science, Maths, Engineering and Technology to the Humanities and Geography. The museum offers a great break from everyday life to enjoy and interact with the world of STEM. The museum is open Tuesday to Sunday, 10am-5pm.

ChAPS Relaxed Film Screening

We have had great feedback about our ChAPS Relaxed Film Screening at Storyhouse Chester. We are delighted to be able to offer this opportunity to our members each month. In May we will be showing the Minecraft Movie (PG) and in June, we will be showing the new live action How To Train Your Dragon (PG) film. There is a small charge of £2 per person for the screening and children must be supervised by an adult throughout.

Activity Links



Activities for Autistic Children

These activities are for autistic children only

(Activities listed in alphabetical order by location/town)

BRIDGE TRAFFORD:

Animal Therapy (4-18 years old)

Sunday 15th June, 12.30-4.30pm at Freedom Equine, CH2 4JT

Home Education Animal Therapy (4–18 years old)

Wednesday 4th June, 10.30-11.15am at Freedom Equine, CH2 4JT

CHESTER:

Kids Club (7-11 years old)

- Monday 9th June, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL
- Monday 23rd June, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

Youth Club (11-17 years old)

- Monday 2nd June, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL
- Monday 16th June, 4.30-6pm at St Mary's Handbridge Centre, CH4 7HL

ELLESMERE PORT:

Kids Club (7-11 years old)

Tuesday 17th June, 6-7.30pm at Theatre Porto, CH65 6QY

Youth Club (10-17 years old)

Thursday 12th June, 6-7.30pm at Theatre Porto, CH65 6QY

NORTHWICH:

Kids Club (7-11 years old)

- Monday 2nd June, 5-6.30pm at ChAPS Autism Ark, CW8 1BE
- Monday 16th June, 5-6.30pm at ChAPS Autism Ark, CW8 1BE

Youth Club (11-17 years old)

- Monday 9th June, 5-6.30pm at ChAPS Autism Ark, CW8 1BE
- Monday 23rd June, 5-6.30pm at ChAPS Autism Ark, CW8 1BE

WARRINGTON:

Climbing Club (7-17 years old)

- Wednesday 11th June, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE
- Wednesday 25th June, 6.30-7.30pm at North West Face Climbing Centre, WA2 7NE

WIDNES:

Anti-Gravity Yoga (6-18 years old)

Sunday 8th June, 1.30-2.15pm at Martial Arts Centre, WA8 0GZ

Activities for Families

These activities are for the whole family, including siblings.

(Activities listed in alphabetical order by location/town)

CHESTER:

Minecraft Movie (PG)

Monday 26th May, 6-8pm at Storyhouse, Chester, CH1 2AR

How To Train Your Dragon (2025) (PG)

Monday 30th June, 6-8pm at Storyhouse, Chester CH1 2AR

Zippy's Playworld—Fully Booked!

Tuesday 27th May, 3.30-5.30pm at Zippy's Playworld, CH2 2AN

ELLESMERE PORT:

Multi Sports

- Saturday 14th June, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB
- Saturday 28th June, 3.30-4.30pm at Ellesmere Port Sports Village, CH65 9LB

Swim Session

- Saturday 14th June, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB
- Saturday 28th June, 4.45-5.45pm at Ellesmere Port Sports Village, CH65 9LB

NORTHWICH:

Swim Session

Saturday 7th June, 4-5pm at Memorial Court Northwich, CW9 5QJ

Teen Event: Cooking Pitta Pizzas

Thursday 29th May, 1.30-3pm at ChAPS Autism Ark, CW8 1BE

Wild Science Zoo (Animal Interactions) Workshop—Fully Booked!

Thursday 29th May, 10-10.45am or 11-11.45am at ChAPS Autism Ark, CW8 1BE

RUNCORN:

Swim Session

• Saturday 21st June, 4.45-5.45pm at Beechwood Community Centre, WA7 2PZ

WINSFORD:

Urban Air Trampoline Park

 Tuesday 10th June at Urban Air Trampoline Park, CW7 3RL 5-6pm (under 10 years old)

6-7pm (11-18 years old)

Wednesday 25th June at Urban Air Trampoline Park, CW7 3RL
 5-6pm (under 10 years old)

6-7pm (11-18 years old)

Activities for Parents/Carers

(Activities listed in alphabetical order by location/town)

CHESTER:

Mindfulness Movement

Friday 27th June, 1-2pm at St Mary's Handbridge Centre, CH4 7HL

My Time (Mindfulness Movement and Sound Bath with Lee)

Saturday 21st June, 10am-12.30pm at St Mary's Handbridge Centre, CH4 7HL

Parents' Meet

Wednesday 25th June, 9.30-11am at St Mary's Handbridge Centre, CH4 7HL

Yoga with Laura

Monday 9th June, 11.30am-12.30pm at St Mary's Handbridge Centre, CH4 7HL

ELLESMERE PORT:

Parents' Meet

Thursday 12th June, 7.45-9pm at Theatre Porto, CH65 6QY

KNUTSFORD:

Parents' of Adults Meet

Friday 20th June, 11am-1pm, at Kilton Inn, WA16 0PZ

NORTHWICH:

Crafty Club

- Friday 6th June, 1-2.30pm at ChAPS Autism Ark, CW8 1BE
- Monday 16th June, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

My Time (Flamenco dancing with Diva Flamenco)

Saturday 14th June, 10am-12.30pm at ChAPS Autism Ark, CW8 1BE

Parents' & Adults Walk Delamere Forest

Friday 6th June, 11.45am-1pm at Delamere Forest, CW8 2HZ

Parents' Meet

Tuesday 24th June, 7.30-8.45pm at ChAPS Autism Ark, CW8 1BE

Yoga for Adults

• Thursday 26th June, 1.30-2.30pm at ChAPS Autism Ark, CW8 1BE

Activities for Autistic Adults

(Activities listed in alphabetical order by location/town)

NORTHWICH:

Adults' Meet Northwich

Thursday 5th June, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

Crafty Club

- Friday 6th June, 1-2.30pm at ChAPS Autism Ark, CW8 1BE
- Monday 16th June, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

Cooking

Thursday 12th June, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

Parents' & Adults Walk Delamere Forest

Friday 6th June, 11.45am-1pm at Delamere Forest, CW8 2HZ

Spectrum Connect Northwich

Monday 16th June, 7-8.30pm at ChAPS Autism Ark, Northwich, CW8 1BE

Walk with coffee & cake

Thursday 19th June, 1-2.30pm at ChAPS Autism Ark, CW8 1BE

Yoga for Adults

• Thursday 26th June,1.30-2.30pm at ChAPS Autism Ark, CW8 1BE

RUNCORN:

Adults' Meet Runcorn

- Wednesday 4th June, 12-1.30pm at Old Police Station, WA7 1DF
- Wednesday 18th June, 12-1.30pm at Old Police Station, WA7 1DF

WARRINGTON:

Adults' Meet Warrington

- Wednesday 11th June, 12-1.30pm at Saint Paul's Church, WA5 2RX
- Wednesday 25th June, 12-1.30pm at Saint Paul's Church, WA5 2RX

ONLINE SESSIONS:

Adult Mental Health Support Group

If you are interested in joining the sessions, please email aj.jackson@cheshireautism.org.uk

- Monday 2nd June, 6-7pm
- Wednesday 11th June, 6-7pm
- Wednesday 18th June, 6-7pm
- Wednesday 25th June, 6-7pm



Need More Help?

To make initial contact with staff, please use **info@cheshireautism.org.uk** and your email will be forwarded to the relevant person.

Ruth - Business Support

For Attention Cards, Gift Aid, Child Registration Forms and everything else admin

T: 03448508607



Lisa-Business Support & Support Advisor

For Advice, Signposting and Support, Halton & Warrington Post-diagnostic support, Café and everything else admin



Caron - Support Advisor

For Advice, Signposting & Support

Chloe - Activities and Fundraising Manager

For Activities, Room Bookings at The Ark, Fundraising and Strategic Leader

T: 07491 001360



Emma - Head of Service

For Safeguarding, Strategic Planning, Governance, Funding and Operational Management

Please note we take every precaution to ensure the information we share is accurate, but the information we signpost is not a recommendation from ChAPS (unless stated) and parents should do their own research about organisations and events signposted in our Newsletter. Professional colleagues who wish to **opt out** from receiving this Newsletter should reply to this email with unsubscribe as the message subject.







