

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Cheese & Bean Lasagne



Margherita Pizza & Wedges



Lentil & Stuffing Pastry Roll



Bolognaise with Penne Pasta



Vegetable Nuggets & Chips



Ham & Cheese Pasta

Traditional Creamy Beef Lasagne



Roast Gammon & Gravy

Sweet & Sour Chicken with Rice



MSC Approved Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Potatoes Carrots & Parsnips



Peas



Beans



Ham Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Ham Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Strawberry Yoghurt & Strawberry Sauce



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat