

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

1

Mixed Vegetable & Bean
Fajita with Oven Baked
Wedges



OPTION 2

2

Quorn Dippers with Oven
Baked Wedges & Tomato
Ketchup



Bolognaise Ragu
Penne Pasta



Beef Bolognaise
Penne Pasta



Roast Quorn Fillet with Roast
Potatoes & Gravy



Roast Chicken, Roast
Potatoes & Gravy

Creamy Chicken Curry with
Carrot Rice



Baked Creamy
Mac 'N' Cheese



Sausage Roll & Chips



MSC Approved Fish
Fingers & Chips

Peas & Carrots



Sweetcorn



Broccoli,
Cauliflower & Peas



Carrot & Mixed Salad



Beans



Tuna Mayo
Cheese

Chicken
Egg

Ham
Cheese

Tuna Mayo
Ham
Cheese

Egg
Cheese

VEGGIES



FILLED ROLLS



AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry Yogurt &
Strawberry Sauce



Mixed Berry & Apple
Crumble with Custard



Orange Jelly
with Mandarins



Gingerbread Squares
with Custard



Garden Brownie



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

