

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

Rainbow Vegetable stir fry noodles



Cheese & Bean Lasagne



Vegan Lentil & Stuffing Pastry Roll



Vegetable Bolognese with Penne Pasta



Vegan Vegetable Nuggets & Chips



OPTION 2

Ham & Cheese Pasta

Traditional Creamy Beef Lasagne



Roast Gammon & Gravy

Chicken in a Katsu Curry Sauce & Rice



Oven Baked Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Carrots & Parsnips



Peas



Beans



FILLED ROLLS



Ham Cheese Tuna

Chicken Cheese Tuna

Ham Cheese Tuna

Tuna Mayo Cheese Egg

Chicken Cheese Tuna

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Peach & Pineapple Crumble



Apple & Cocoa Sponge



Lemon Shortbread



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C: 3rd Nov | 24th Nov | 15th Dec | 5th Jan | 6th Jan |
16th Feb | 9th Mar | 30th Mar | 20th Apr

THE FOOD EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Margherita
Pizza & Wedges



Vegan Sausage with Mashed
Potatoes & Gravy



Vegan Cottage Pie &
Gravy



Baked Mac 'n'
Cheese



Tex-Mex Vegetable
Fajita Wrap



MSC Approved
Salmon Pasta
Bake



Pork & Beef Sausage,
Mashed Potatoes & Gravy

Roast Turkey with Roast
Potatoes & Gravy

Creamy Chicken Curry,
Carrot Rice



Oven Baked
Fish & Chips

Peas



Carrot
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



Ham
Cheese
Tuna

Chicken
Cheese
Tuna

Ham
Cheese
Tuna

Tuna Mayo
Cheese
Egg

Chicken
Cheese
Tuna

VEGGIES



FILLED ROLLS



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry
Mousse



Oaty Apple
Crumble & Custard



Original
Flapjack



Chocolate &
Carrot Muffin



Lemon Sponge
& Custard



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY




Nutritionist's Choice

Vegetarian


Vegan

Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Quorn Dippers with Oven Baked Wedges & Tomato Ketchup	Vegan Bolognaise Ragu Penne Pasta	Roast Quorn Fillet with Roast Potatoes & Gravy	Baked Mac 'n' Cheese	Vegan Sausage Roll & Chips
OPTION 2	Margherita Pizza & Wedges	Beef Bolognaise Penne Pasta	Roast Chicken with Roast Potatoes & Gravy	Chicken Pie with Mashed Potatoes & Gravy	Oven Baked Fish Fingers & Chips
VEGGIES 	Peas	Sweetcorn	Broccoli	Carrots	Beans
FILLED ROLLS 	Ham Cheese Tuna	Chicken Cheese Tuna	Ham Cheese Tuna	Tuna Mayo Cheese Egg	Chicken Cheese Tuna

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Vanilla Shortbread	Mixed Berry & Apple Crumble with Custard	Apple Strudel & Custard	Gingerbread Squares	Garden Brownie
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Desserts available every day - a choice of jelly, fruit or yoghurt

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